

Confined Space

Rescue Technician



Session 3



Suffolk County
Fire Academy

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Session Overview


- **Confined Space Examples**
- **Confined Space Hazards**
- **Air Monitoring & Ventilation**
- **Hazard Control**
- **Communications**
- **Psychological Effects of Confined Space**
- **Assessment**
- **Case Studies.**



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Session Objectives

- **Define a permitted and non-permitted confined space and give examples**
- **Identify the hazards associated with confined spaces**
- **Explain methods to control hazards at confined space incidents**
- **Understand the psychological effects of confined space.**



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CONFINED SPACE EXAMPLES



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A Confined Space Is:

- Large Enough To Bodily Enter And Work
- Limited Or Restricted Means Of Entry/Exit
- Not Designed For Continuous Occupancy
- Permit Required
 - Hazardous atmosphere
 - Engulfment hazard
 - Inward converging walls or floors
 - Any other serious safety or health hazards.



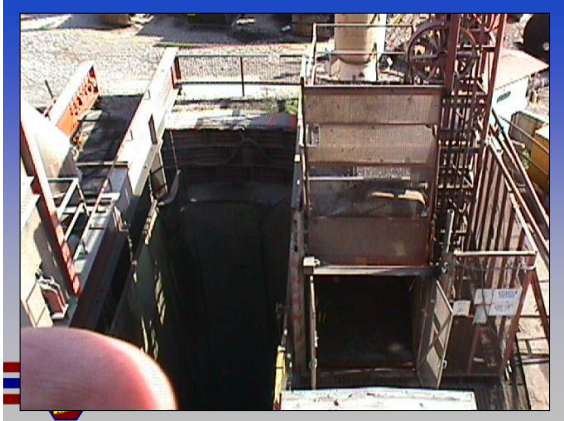
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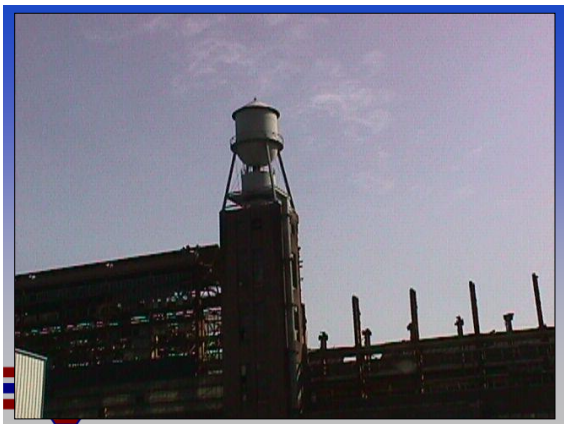
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**RESCUE SERVICE
PERSONNEL SHOULD
TREAT EVERY CONFINED
SPACE AS A PERMIT
REQUIRED
CONFINED SPACE IF IT
CANNOT BE DETERMINED
OTHERWISE**



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**CONFINED SPACE
HAZARDS**



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**Hazardous
Atmosphere**


**RESPONSIBLE FOR 80%
OF ALL CONFINED SPACE
DEATHS**



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What Is...


- **LEL?**
Lower Explosive Limit
- **PEL?**
Permissible Exposure Limit
- **IDLH?**
Immediately Dangerous To Life and Health.



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Hazardous Atmosphere


- **Oxygen - <19.5% or >23.5%**
- **Flammable Gas Vapor or Mist >10% Of The LEL**
- **Toxicity Greater Than PEL**
- **Airborne Combustible Dust At A Concentration That Meets The LEL.**



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Hazardous Atmosphere

- **Atmospheric Concentration Of Any Toxin That Could Exceed The Permissible Dose**
- **Any Other IDLH Condition.**



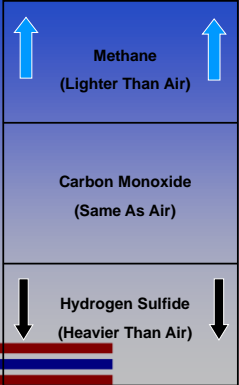
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Sequence of Testing

- **FIRST – Oxygen Level**
- **SECOND – Flammability**
- **THIRD – Toxins.**



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General Limits


- **Oxygen**
 - MIN 19.5% - MAX 23.5%
- **Flammability**
 - 10% OF THE LEL
- **Toxins**
 - CO - 35 PPM
 - H₂S - 10 PPM.



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1 PPM is

- 1 ounce of sand in 31.25 tons of cement
- 1 pound in 500 tons
- 1 inch in 16 miles
- 1 penny in \$ 10,000
- 1 gram needle in 1 ton haystack
- 1 ounce of salt in 62,000 lbs. of sugar
- 1 minute in 1.9 years
- 1/16 of an inch in a mile
- 1 ounce of dye in 7,530 gallon of water
- 1 drop in 521 gallons
- 1 square inch in 1.6 acres of land
- 1 word in a 2000 page novel
- 1 day in 2739 years.



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Hydrogen Sulfide (H₂S)


- Smell Of Rotten Eggs
- Is Detected At Low Levels
- Rapidly Desensitizes Olfactory Nerves & Leads To False Sense Of Security
- High Concentrations Of H₂S, You May Collapse With Little Or No Warning.



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Effects of Hydrogen Sulfide Exposure


PPM	Effects and Symptoms	Time
10	Permissible Exposure Limit	8 hrs.
50-100	Mild Eye & Resp. Irritation	1 hr.
200-300	Marked Eye & Resp. Irritation	1 hr.
500-700	Unconsciousness, Death	½ hr.
1000	Unconsciousness, Death	Minutes



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Carbon Monoxide


- **Odorless**
- **Colorless**
- **Tasteless**
- **Can Collapse With Little Or No Warning.**



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Carbon Monoxide


- **Synonyms**
 - Flue gas, Exhaust gas
- **Health Hazards**
 - Highly toxic, Maybe fatal If Inhaled
- **Flammable Limits**
 - Lower 12%
 - Upper 75 %
- **Vapor Density**
 - .097.



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Effects of Carbon Monoxide Exposure

PPM	Effects and Symptoms	Time
50	Permissible Exposure Limit	8 hrs.
200	Slight Headache, Discomfort	3 hrs.
400	Slight Headache, Discomfort	2 hrs.
600	Slight Headache, Discomfort	1 ½ hrs.
1000-2000	Confusion, Headache, Nausea	1 hr.
1000-2000	Tendency To Stagger	1 hr.
1000-2000	Heart Palpitations	½ hr.
2000-2500	Unconsciousness	20 minutes
4000+	Fatal	Minutes



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Other Recognized Hazards

- **Electrical**
- **Mechanical**
- **Elevation Differences**
- **Hazardous Materials**
- **Noise**
- **Temperature Extremes.**



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Electrical Hazards



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Mechanical Hazards



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Elevation Differences



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Hazardous Materials



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Noise



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Temperature Extremes



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AIR MONITORING & VENTILATION



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Characteristics of Monitoring Instruments

- Portability
- Able To Provide Reliable, Useful Results
- Sensitive And Selective
- Intrinsically Safe.



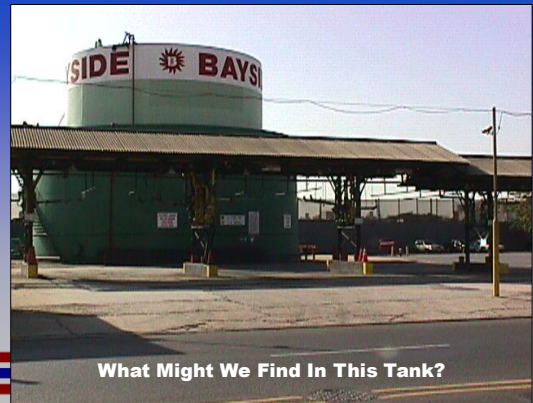
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Types of Monitoring Equipment

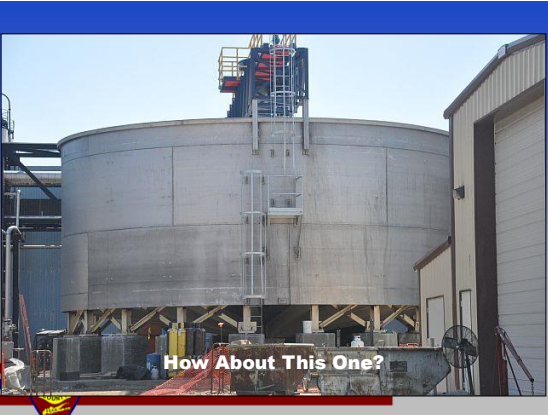
- Direct Reading Instruments
 - Diffusion head assembly type
 - Electro-chemical sensor type
- Colorimetric Detector Tubes.



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Sequence of Testing

- **FIRST – Oxygen Level**
- **SECOND – Flammability**
- **THIRD – Toxins.**



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Levels of Testing

- **General Area**
- **Top**
- **Middle**
- **Bottom**
- **Isolated Areas**
 - Pipe or Tunnel.



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**NEVER TRUST
YOUR SENSES TO
DETERMINE IF
THE AIR IN A
CONFINED SPACE
IS SAFE!**



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Ventilation Equipment

- **Some Characteristics & Features:**
 - Lightweight & portable
 - Provide minimum 600 cu. ft. / min
 - Have flexible hose connections
 - Intrinsically safe
- **Should Have An Audible Alarm To Automatically Sound If There Is A Failure.**



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Ventilation Equipment



- **Smoke Ejector**
- **Commercial (Blowers)**
- **Fixed Site Systems.**




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Types of Ventilation

- **Positive Pressure**
- **Exhaust Site Pick-up**
- **Ventilation Issues**
 - Short circuiting
 - Recirculating
 - Chimney Effect.

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Positive Pressure (Supply) Ventilation

The diagram shows a room with a fire source. A hose is connected to the room, and fresh air is being pushed into it from the outside. This fresh air then flows into the room, displacing the exhaust air (smoke) which is being pulled out through the fire. A legend indicates that grey represents Fresh Air and black represents Exhaust Air.

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Exhaust Ventilation

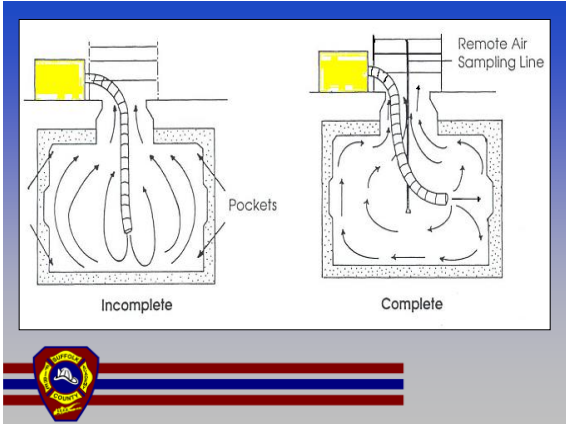
The diagram shows a room with a fire source. A hose is connected to the room, and exhaust air is being pulled out through it to the outside. This creates a negative pressure in the room, which draws in fresh air from the bottom of the room. A legend indicates that black represents Fresh Air and red represents Exhaust Air.

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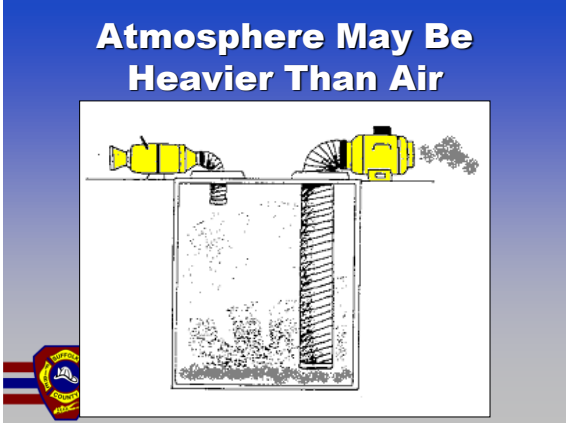
Ventilation Issues

The diagram shows two scenarios. In 'Short Circuiting', fresh air is pushed into the room but does not reach the fire source, instead being pulled out through the fire. In 'Recirculating Exhaust', exhaust air is pulled out but then flows back into the room through the fire, creating a cycle. A legend indicates that grey represents Fresh Air and black represents Exhaust Air.

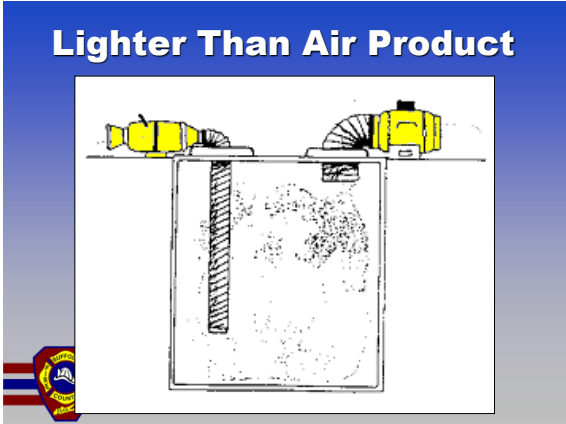
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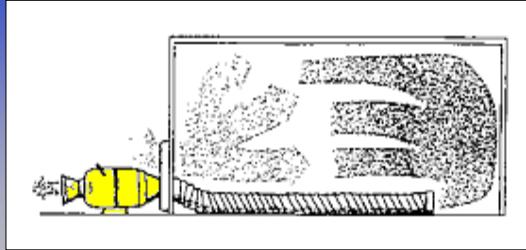


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Venting A Long Space



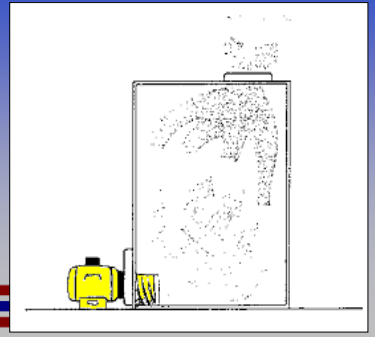
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Blowing Air In And Exhausting



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Venting Near Bottom



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A Space Under Positive Pressure Will Eventually Expel The Contaminants Through Any Openings In The Space.

Air Blows 30 Times Farther Than It Can Be Exhausted.



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Air Powered Fan



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HAZARD CONTROL



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OSHA Isolation Procedure

- 1) Prepare For Shutdown
- 2) Shut Down The Equipment
- 3) Isolate The Equipment
- 4) Apply Lock-out, Tag-out and/or Bleed/Block Devices
- 5) Control Stored Energy
- 6) Verify Isolation Of The Space.



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Purpose of Regulation

To Prevent Accidents Due To Accidental / Equipment Start-up Or Unexpected Release Of Stored Energy During Maintenance Or Service.



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Stored Energy Includes

- Electrical Power
- Compressed Air
- Hydraulic Power
- Steam
- Movement Of Liquids Through Pipes.



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Regulation Requirements

Lockout / Tagout Laws Require Employers Establish A Written Program


All Employees Must Be Trained & Know What Lockout / Tagout Signifies.




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Methods of Isolation

- Lock-Out, Tag-Out
- Bleed and Block
- Disconnect
- Blind and Blank
- FD Personnel / Guard.



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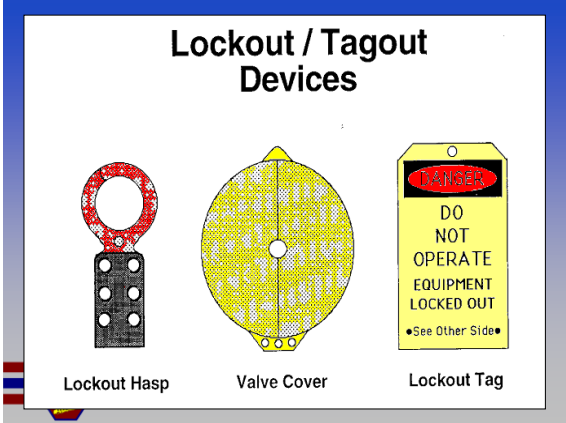
Space Isolation




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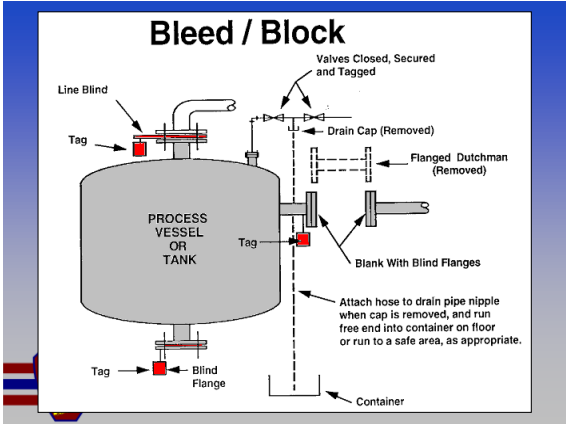
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Preparation For Shutdown

- Know The Types And Amount Of Energy That Powers The Equipment
- Know Their Hazards
- Know How The Energy Can Be Controlled

Equipment Shutdown


- Shut The Equipment Down By Using Operating Controls
- Follow Whatever Procedure Is Right For The Equipment.



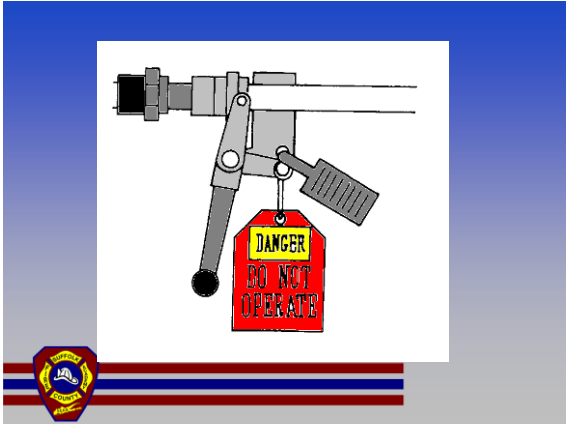
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Application Of Lockout / Tagout Device

- Tag or Lock All Energy Devices
- Only Standardized Devices Supplied By Your Employer Should Be Used
- Use A Lockout Device If Your Lock Cannot Be Placed Directly On The Energy Control
- Every Employee Must Attach His Personal Tag
- More Than One Employee Can Lockout A Single Source With A Multiple Device
- For Big Jobs A Lockout Box Can Be Used
- Attach Tag To Same Spot As Locks Or As Close As Possible
- Fill Out Tag Completely And Correctly.



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Control of Stored Energy


- **Inspect To Be Sure Parts Have Stopped Moving**
- **Install Ground Wires**
- **Release Trapped Pressure**
- **Release Trapped Tension**
- **Block Or Brace Parts That Could Fall**
- **Block Parts In Pneumatic And Hydraulic Systems That Could Move Due To Loss Of Pressure.**



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Control of Stored Energy (Cont.)

- **Bleed lines and leave vents open**
- **Close valves to prevent the flow of hazardous materials**
- **Use blank flanges in pipes where no valves are located to isolate product**
- **Dissipate extreme cold or heat unless wearing protective clothing (< 39, > 113)**
- **If stored energy can accumulate, monitor situation.**



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Special Situations

- **Outside Contractor And The On-site Employer Must Exchange Lockout / Tagout Information**
- **Alert To New Types Of Lockout / Tagout Devices**
- **If Servicing Lasts More Than 1 Work Shift, Lockout / Tagout Must Not Be *Interrupted***
- **Employees Leaving Work Do Not Remove Their Locks Until The Ones Arriving Are Ready To Lockout**
- **The Lock Is Never Cut Unless A Supervisor Is Present And Worker Who Applied Lock Is Not There To Remove It.**



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Removing Lockout / Tagout

- **Remove All Tools From Area**
- **Be Sure System Is Fully Assembled**
- **Conduct Head Count**
- **Notify Everyone That Lockout / Tagout Removed**
- **Except In Emergency, Only Person To Remove Device Is Person Who Installed It**
- **Supervisor Always Removes His / Her Lock Last.**



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Equipment Isolation

- **Be Sure To Isolate All Energy Sources**
- **Never Pull Energy Switch While It Is Under Load**
- **Never Remove A Fuse Instead Of Disconnecting.**



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Locked Out?



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Pipe Separated



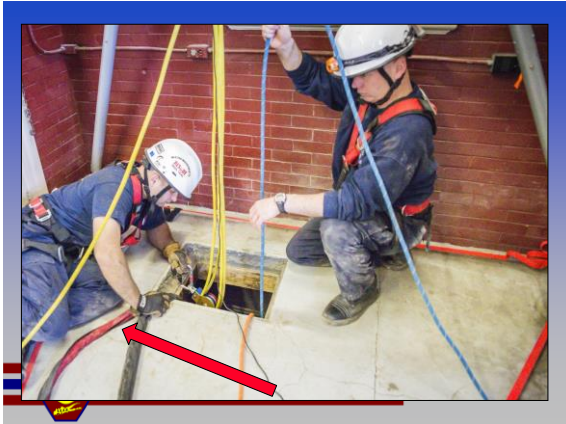
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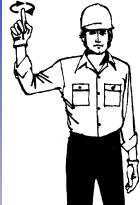
Manual Tag Line Signals

- **O** - Ok - 1 Tug
- **A** - Advance - 2 Tugs
- **T** - Take-up - 3 Tugs
- **H** - Help - 4 Tugs.




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Hand Signals



Raise




Lower




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Hand Signals



Extend

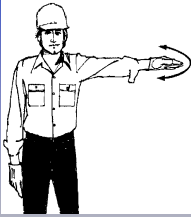


Retract




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Hand Signals



Stop



Move Slowly



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Verbal Communications



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PSYCHOLOGICAL EFFECTS OF CONFINED SPACES



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Anxiety

- Distress or An Uneasiness of The Mind
- A Reaction When You Feel Danger From:
 - A Person
 - An Object
 - A Situation
 - An Impulse.



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Phobias

- Persistent Fear of A Situation Or Object In Which The Level of Fear Is Not In Proportion To Its Actual Seriousness.



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Panic

- A Sudden Terror
- An Unreasonable, Infectious and Uncontrollable Fear.



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Causes of Fear In Confined Spaces

- **Biological**
 - Physical condition
 - Ingested chemicals
- **Psychological**
 - Subconscious forces
 - Personality disorders / pathological or abnormal behaviors.



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ASSESSMENT



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Assessment of Confined Space Incidents

- **Recognize Situation For What It Actually Is**
 - Initial dispatch may not convey the whole story (I.e. A/M Injuries From A Fall)
- **Avoid Tunnel Vision**
 - Beware of hidden hazards
- **CALL FOR HELP IMMEDIATELY!!!!**



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Assessment of Confined Space Incidents


- **STOP** and Evaluate
- Use Head, Not Heart
- Do Not Become A Victim.



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Actions To Take Prior To Rescue Team Arrival


- **Secure Incident Scene**
 - Would-be rescuers
 - General area hazard mitigation
- **Gather Information**
 - Entry permit
 - Site foreman
 - Bystanders
 - Attendant.



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Actions To Take Prior To Rescue Team Arrival

- **Set-up Perimeter**
- **Monitor Atmosphere (Full PPE)**
- **Ventilation (Based on monitoring)**
- **Begin Required Pre-entry Procedures**
- **Determine Rescue vs. Recovery.**



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CASE STUDIES




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Case Histories of Confined Space Incidents

Dated, but still applicable!




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- Lowered Down On Looped Chain
- 17' Down Worker Fell
- O² Deficiency
- Died Of Asphyxiation

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Exhaust fumes blamed in deaths of firefighters

By DAVE RHODES Staff Writer

McCONNELLSBURG, Pa. Exhaust fumes from a gasoline-powered pump are blamed for the May 1 deaths of three firefighters who were using the portable pump to clean a well near Hustontown, according to Pennsylvania State Police.

James F. Chesnut Jr., 28, of Hustontown and Thomas Lee Lane, 39, of McConnellsburg, died from carbon monoxide poisoning, police said.

Richard Lee Hershey, 40, of Hustontown, drowned in the well after being overcome by carbon monoxide fumes, according to police.

All were members of the Hustontown Area Volunteer Fire Co.

The final ruling on the cause of the firefighters' deaths was disclosed in a joint statement issued by state police and Fulton County Coroner Dr. Russell McLucas.

The accident occurred when fire company members attempted to clean a hand-dug well next to the porch at the Nellie Brown residence on Pa. 404 two miles southwest of Hustontown in Taylor Township.

None of the victims were wearing breathing apparatus when they entered the well after running the

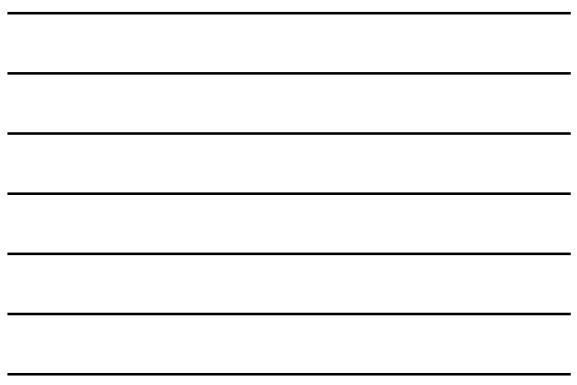
eight-horsepower pump inside of it, officials said.

They were the first firefighters killed in the line of duty in Fulton County, officials said.

The deaths sent shock waves through the rural Hustontown community. An estimated 1,000 to 2,000 people attended a memorial service for the three victims at Forbes Road High School.

A procession of 177 emergency vehicles from 118 public safety agencies in Pennsylvania, Maryland, West Virginia and Virginia wound 4 1/2 miles along Pa. 404 from the Hustontown firehouse to the school.

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Tests say gas likely was killer

Pa. blood tests show carbon monoxide traces

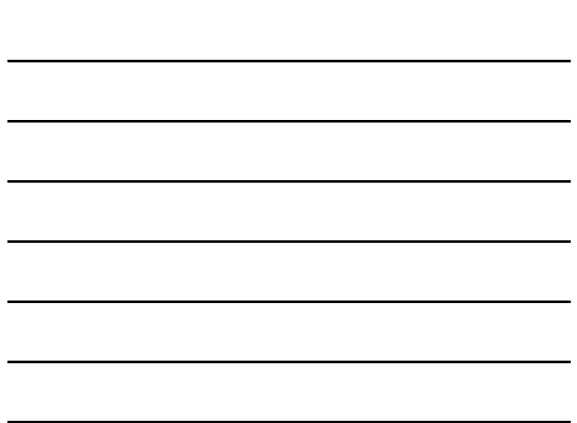
By Dave Rhodes Staff Writer, Chambersburg

McCONNELLSBURG, Pa. — Carbon monoxide poisoning likely caused the deaths of three firefighters who were overpowered by fumes while cleaning a well near Hustontown May 1, according to Fulton County Coroner Dr. Russell McLucas.

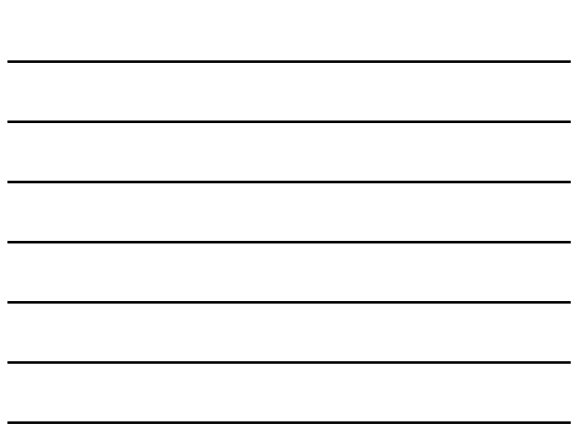
Test results received yesterday showed elevated levels of carbon monoxide in the blood of the dead firefighters and the blood of some of the 18 rescuers treated for exposure to fumes, he said.

McLucas dropped short of blaming the use of a gasoline-powered pump inside the well for the deaths. He said the pump was used to clean the well, but carbon monoxide gas is not in the air. The gas would have to be in the well, and breathing apparatus after running the eight-horsepower pump officials said.

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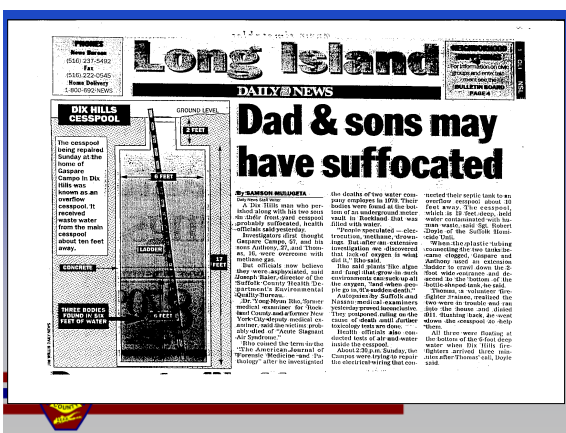
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Horizontal lines for notes, consisting of 10 parallel lines.



107

Horizontal lines for notes, consisting of 10 parallel lines.

Do-It-Yourself Dangerous

By Phil Mintz
 STAFF WRITER

Working on a septic system is not a job for amateurs, but an increasing number of people, many guided by the recession and anxious to avoid the costs of repair work, are trying do-it-yourself fixes, cesspool cleaners said yesterday.

"A lot of homeowners are trying to fix problems themselves," said Ronald Montrose, co-owner of Monty's Environmental Service of Dix Hills, which helped at the scene of an accident Sunday in which three people died in Dix Hills while working in an overflow pit to the family's cesspool. "In this incident, they figured it was okay to go down in a confined space and they found themselves in trouble."

It remained unclear yesterday what sort of sump pump problem Gaspare Campo and his sons, Anthony and Thomas, were trying to fix at their Dix Hills home on Sunday, Suffolk Homeside Squad Det. Sgt. Robert Doyle said yesterday that the cesspools were not pumping tank liquid out of the ground.

Whatever work was being done, the cesspool cleaners all agreed that specialized equipment is needed to deal with the potentially noxious fumes within a septic system.

"You need monitors to test for oxygen levels, methane gas, you need breathing apparatus, and a hoist for

the safety hook to be lowered down into the tank," said Keith Jeffrey, president of Martin Long Cesspool in Bay Shore and president of the Long Island Liquid Waste Association, an industry group.

It's rare that cesspool cleaners have to enter a large commercial tank to clean it, and even rarer to have to go inside a residential cesspool, he said. In August, 1984, two cesspool company workers were killed and a third seriously injured when they were overcome by fumes while cleaning out a cesspool behind a restaurant in Roslyn Heights.

According to Montrose and others, the cost of septic system repairs -- which can range anywhere from \$150 or so for a simple pump-out to several thousands of dollars for a replacement system -- had some do-it-yourself types to try to make their own repairs.

"Sometimes they use a sump pump [to clean out a cesspool and] run the water into a wooded area, which is illegal," said Steve Blasiucci, president of Manhaset Scaevenger Cesspools Inc. in Park Wadington. Blasiucci also said he's seen people let their cesspools overflow rather than pay for fixing it.

Others purchase over-the-counter chemicals, including sulfuric acid, to clear clogged cesspools, the cleaners said.

108

Horizontal lines for notes, consisting of 10 parallel lines.

